

DECEMBER 8, 2017

FREE!

# ISQOLS WEBINAR

DECEMBER 8  
9 AM

Pacific  
Standard  
Time

*What do Intentional Communities  
have to do with Quality-of-Life?*

A talk connecting the dots between the  
human brain, happiness and  
how we choose to live together.

Bjørn Grinde, author and researcher, will speak about the links between quality of life, the human brain and intentional communities. During this webinar, he will explain what intentional communities are, how he came to research them, and why they are of interest to him for research purposes. He will discuss the trial and joys of conducting research projects with intentional communities, and his findings about quality of life and the human brain, as well as directions for future research.



Bjørn Grinde received his education in natural sciences, psychology, and anthropology from the University of Oslo; he also holds doctorates in Science and Philosophy. He is presently a senior scientist at the Division of Mental and Physical Health, Norwegian Institute of Public Health. Previously, he has served as a scientist and professor at leading universities in Norway, USA, and Japan. A primary focus of his research has been to understand the process of evolution, particularly how it has formed the human brain and our capacity to enjoy life. He has written several books, including *Darwinian Happiness* (The Darwin Press, 2002; 2nd Edition, 2012); *God—A Scientific Update* (The Darwin Press, 2011); *The Biology of Happiness* (Springer Verlag, 2012); and *Improving the Human Zoo* (The Darwin Press, 2015). Together with Professor David Sloan Wilson at Binghamton University, NY, he is engaged in research on intentional communities.



## Moderators:

- **Laura Musikanski**, Executive Director the Happiness Alliance ([happycounts.org](http://happycounts.org)); former ED for Sustainable Seattle, a sustainability director for a national environmental consulting firm, and sustainability consultant for profit and non-profit organizations. Author of "How to Account for Sustainability: a guide to measuring and managing, and Decoding Sustainability".
- Also moderating: **Jill Johnson**, Executive Director for ISQOLS

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